

Each year the [International Day of Peace](#) is observed around the world on 21 September. The UN General Assembly has it as a 24-hour period of non-violence and cease-fire. The 2020 theme is "Shaping Peace Together."

This year, it has been clearer than ever that we are not each other's enemies. Rather, our common enemy is a tireless virus that threatens our health, security and very way of life. That is why UN Secretary-General António Guterres [called for a global ceasefire](#).

But there is also more to peace than putting aside arms. True peace depends on societies being inclusive, healthy and economically stable. It requires a predictable climate, an unpolluted environment and solidarity across community lines.

In this new era of social distancing, we may not be able to stand together physically. But there are still things you can do from home to promote the ideals of the International Day of Peace.

How to get involved

To mark its 75th anniversary, the UN has invited people everywhere to join [UN75](#), the world's largest global conversation on building the peaceful and prosperous future we want. As we struggle to defeat COVID-19, your voice is more important than ever. [The 10](#) marginalized communities suffer more than others from the pandemic's effects. COVID-19-related hate speech and discrimination are on the rise, and even medical workers are being stigmatized. But you can speak up on social media – using [#UN75](#) and [#PeaceDay](#) – to challenge misconceptions and build peace for those who need it. You can research volunteering opportunities – to assist the most vulnerable members of society. And you can tell your political leaders to keep peace and human dignity front and center as they fight the pandemic. So, take our one-minute survey and share it widely. Check out the [UN75 toolkit](#) to learn how to set up your own online dialogue. And don't forget to [register](#) it, so that your ideas can be heard by UN officials.

The toolkit

- [Call for a global ceasefire?](#)
- [What role can you play in that regard?](#)
- [What does peace mean to you?](#)
- [What are your thoughts on the UN's role in the world?](#)